

Doctegritty Teletherapy / EAP Benefit

Plan Details

Benefit Overview:

Doctegritty provides on-demand access to licensed mental health counselors and therapists to cover employer EAP requirements companywide.

There are no utilization fees for members using the mental health option. Doctegritty's mental health therapy is designed to be a short term solution for individuals and does not replace a comprehensive treatment plan.

Note: The number of sessions a member receives is up to the designated therapist and Doctegritty. Should the therapist determine that the member is in need of external resources outside of the service, the member will be referred to external resources for help accordingly. Once a member is referred to an external resource, Doctegritty bears no responsibility for expenses incurred by the member.

Issues Treated:

- Addictions
- Parenting Therapy
- Life Coaching
- Smoking Cessation
- Job Stress
- Stress and Anxiety
- Depression
- Substance Abuse
- Death of a Loved One
- Relationship/Marriage/Family Issues
- Traumatic Accidents
- Major Illness
- Workplace issues
- Change and Transitional Life Issues
- Financial Stress
- Other Issues That Cause Concern

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